



## SURVIVOR DAY

By: Autumn Arnone

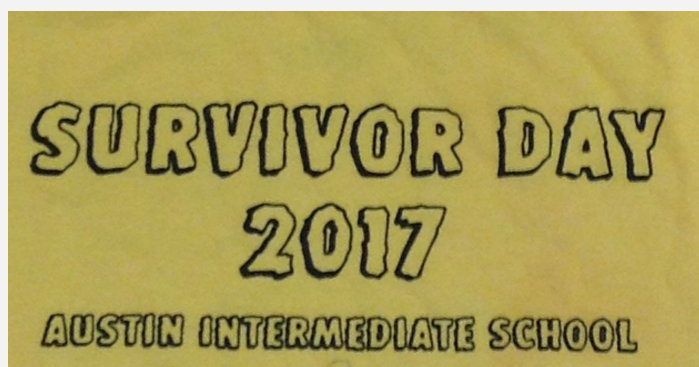


Photo Credit: Autumn Arnone

### What is Survivor day?

Close to the end of the year, the students at GRAIS participate in a competitive version of field day. Survivor day is a competition where the class with the most ribbons on their flag wins. For every game, there are ribbons that can be won. To win ribbons you have to complete the games and for some games (like water balloon toss) you can win more than one ribbon! If you win the competition your class receives medals. Fifth grade competes against fifth grade and fourth grade competes against fourth grade. There are games such as, water balloon toss, shelter making, water relay and more. You could even get a chance to dunk one of your teachers in the dunk tank! Your whole class is your team. If your team works well together, you could have a shot at winning! One of my favorite Survivor day activities is, making your class tribal song! It gives you a chance to be creative and can win you more ribbons.

### A fifth grader's experience

Now that you know the basics of Survivor day, here is Survivor day from fifth grader Jillian Maher's point of view.

**Reporter:** What was your favorite Survivor day activity and why?

**Jillian:** The dunk tank was my favorite, because it was fun dunking people.

**Reporter:** What was your least favorite activity?

**Jillian:** Making the tribal song.

**Reporter:** What is your favorite Survivor day memory?

**Jillian:** Winning the extra ribbons from the tribal song.

**Reporter:** If you could add any activity to the Survivor day schedule what would it be?

**Jillian:** I would add water balloon fighting to the schedule.

Survivor day takes place on Tuesday, June 19, 2018. Make sure to wear sneakers! Survivor day is a fun way to end the school year and a great day to make lasting memories!

## WHY IS PLAY IMPORTANT?

By: Delaney Bazydlo



Artwork By: Delaney Bazydlo

Do you think we should have more recess? Did you know playing can help you in school? I interviewed 10 students, and 8 of the 10 students said we should have more recess. The other 2 students said we have the perfect amount of time for recess.

Playing is very important. You may be surprised to learn playing can help us in school and other events. Playing can help us use our creativity while expanding our imaginations at the same time. Playing also helps our brains have healthy brain development. Playing also teaches us about the world around us. It also teaches us to work in a group because when we play with others, it teaches us collaboration and cooperation.

Even from a young age we have been learning these basic life skills. Even shaking a rattle or playing peek a boo as a baby helps us in school. From kicking around a soccer ball, tag, board games, and other fun activities we are helping ourselves in school.

So in conclusion, I believe playing is a very important thing we should do every day. I think we have the perfect amount of time for recess. During the whole entire year we have about 60 hours of playing and that is a lot!

## PAPER TUBE CHAIRS

By: Phoebe Quinn



Photo Credit: Phoebe Quinn

Did you enjoy making paper tube chairs in art fifth graders? Well it wasn't just you who made them.

Other people in the world have done it too! People like Manfred Kielnhofer made them, and made them beautifully. It's much more than just sticking paper towel rolls together with tape and calling it a chair. It's a creative art form that can look pretty cool. You could probably even make tables, shelves and baskets using paper tubes.

Making chairs like this isn't at all being cheap or boring, instead it's healthy for our environment and it is a good way to recycle. You could use Pringles cans, toilet paper rolls, paper towel rolls, even Stretch Tight rolls.

By trying out these ideas, you could have one of three opinions about the project. #1 You totally dislike it, #2 You don't like it, but you don't completely hate it, and #3 you absolutely love this project.

Something that I found cool that we do with the tube chairs is that each team gets teamwork points each class and the team with the most points at the end of the project is awarded an extra roll of tape or a surprise!

Also at the end of the chair making each person in your group has to and I mean HAS to sit on your chair! But that's not it yet. Mrs. Boissonneau also has to sit on the chair. There are a few rules though. You have to make the chair seat at least 12 inches or one foot off the ground. The chair must have a back. Also, you have to at least try to make some sort of chair even if it collapses.

So fourth-graders, now you are all prepared for the paper tube chair challenge. What chair will you create?





# BULLYING

by: Joslyn Mota



Photo Credit: Joslyn Mota

## Bullying - “to tease, to hurt or threaten a person.”

Have you ever wondered what it really means to be “bullied?” Bullying is not teasing. When you are teasing between friends it will be silly and fun to everyone involved. Bullying on the other hand, is a more aggressive behavior that involves unwanted and negative actions.

### Here are some examples of bullying:

- **Verbal bullying:** When someone uses their words to be harsh and insulting.
- **Physical bullying:** When someone using hitting, pushing, tripping or anything else that can hurt you in a physical way.
- **Racial bullying:** When someone singles you out because of your skin color, religious beliefs or even your ethnic background.
- **Cyber bullying:** When someone sends, posts, shares harmful, negative or mean information about you through text, social media, email or anywhere else a group of people could view.

There is no exact amount of kids that are bullied in a year, but 180,000 kids stay home from school in order not to be bullied. The students who bully feel like they have the need to be in control of others to make them feel stronger. Sadly they feel happy when they have someone to hurt both physically and mentally.

Kids that are being bullied may feel sad, lonely, nervous and even feel sick. Sometimes they have problems at school or even start to bully other kids.

### Here are some tips that you can follow if you feel you are being bullied:

- Tell the person calmly and clearly to stop what they are doing.
- Try to laugh the person off to show it doesn’t bother you.
- If you don’t feel you can say something to that person just walk away.
- Don’t ever fight back, this could make it worse.

Dealing with being bullied can really wear you down if you try to deal with it all alone. You should never feel like it is your fault if someone is being mean or harming you in any way. If you feel that you are being bullied you should speak to an adult, friend, teacher, coach or anyone else that can help you. If you’re unsure if you are being bullied, you should still speak to someone. Never ever feel like there is no way out, there are always people there to help you. If we all came together maybe one day bullying will be a thing of the past.

# SUGAR GLIDERS

By: Ava DiGiammo & Madison Nunes

Have you ever heard of sugar gliders? If you haven't or you want to learn more, research online or find a book at your local library! The main thing to know, is that it’s an animal! They are similar to a flying squirrel, but not quite. Below are some facts about sugar gliders. These little creatures are very cool and we encourage you to find out more!

Food/drinks	Fun Facts
<ul style="list-style-type: none"><li>● Fruit / Veggies</li><li>● Sugary Foods</li><li>● Protein</li><li>● Insects</li></ul>	<ul style="list-style-type: none"><li>● Nocturnal</li><li>● Live up to 12-15 years</li><li>● 4-5 inches</li><li>● Pouched animals</li><li>● In possum family</li></ul>

# summer recipes

By: Ayvia DaSilva & Orianna Hernandez



Photo Credit: Ayvia DaSilva

Summer is getting closer so we are sharing some recipes to make your summer even more fun. Remember to always have adult supervision!

To make **Frozen Chocolate Dipped Strawberries** you will need: chocolate chips and strawberries. First, melt the chocolate chips in a bowl in the microwave. Next, dip the strawberries into the melted chocolate. Then once you dip the strawberries into the chocolate, lay the strawberries on a plate or pan and set them into the freezer. Once the chocolate on the strawberries has hardened, you can take out to eat and enjoy.

The next summer recipes is **Homemade Cinnamon Rolls**. The four things you will need for this recipe are refrigerated dough, butter, cinnamon, and sugar. The first step in this recipe is to preheat the oven to **375 degrees**. Next, you need to roll out the dough. Using a butter knife, spread butter onto the dough (this will help the cinnamon and sugar stick to the dough). Once the butter is spread evenly on to the dough, sprinkle the cinnamon and sugar on. Roll the dough up and cut into round cylinders. Last step is to put the cylinder onto a cookie sheet, slide into the oven and bake for **10 minutes**.

The last summer recipe is a **Yogurt and Juice Smoothie**. For this recipe you will need: yogurt, juice, an ice cube tray and a blender. First, put the juice and yogurt into the ice cube tray. Next, put the ice cube tray into the freezer until it is frozen. Now put the cubes of yogurt and juice in the blender and blend. Pour in a cup and now you have a yogurt and juice smoothie!

These are some delicious ways to cool off during the warm summer season. We hope you try these wonderful recipes and enjoy your summer!



# Megalodon Shark

By: Sarah Doherty



Photo Credit: Sarah Doherty (Google.com)

If you ever got close enough to a Megalodon...well let's just say you would be dead! Now, that could probably never happen because the Megalodon shark went extinct millions of years ago, but some scientists believe that the Megalodon is still out there waiting for its next meal!

The Megalodon shark was a prehistoric animal known for its humongous jaws and body. The teeth of a Megalodon were up to seven inches long and were serrated. Did you know that the Megalodon weighed 100 tons! That's 200,000 pounds!

There are stories from all over the world about Megalodon sightings. One of the most famous is of a fishing boat that capsized in Hout Bay, South Africa. Some say it was a whale breaching at the surface, but when divers investigated, the remains of the boat were shocking. A huge bite was taken out of it! So, Megalodon or not? Marine biologist Collin Drake says Megalodon!

Scientists from all over the world have found fossils of the Megalodon but they can only find teeth and vertebrae. The teeth of a Megalodon are very similar to the Great White Shark's and they are the closest things we have to a Megalodon.

At the top of the food chain the Megalodon would have to eat another large creature like a whale! The Megalodon shark would spot a whale and come up from the seafloor with enough force to lift the whale out of the water! First, the Megalodon would bite off the fins so the whale could not move, and then it would dig in!

### Fun Facts

- People used to think Megalodon teeth were dragon tongues that turned to stone
- The Megalodon could swallow a bus whole
- Megalodon means "big tooth" in Greek
- It is believed they went extinct because of cold waters
- They have the most powerful bite of any creature that ever lived

Extinct or not? Nobody knows, but the Megalodon was out there once. Maybe it's still out there eating giant whales and watching us from the depths of the ocean, But *beware* when you go out to sea, you might just be the Megalodon's next meal!

# THE SAD PROCESSING OF HERMIT CRABS

By: Ava Richmond



Photo Credit: Ava Richmond (Google.com)

Have you ever been to the beach before? Do you love to splash in the shallow shores? Have you felt a small pinch or tickle under your foot before and looked down to find a shell? Or have you just been walking along the beach when you see small critters crawling in front of you? Well, that little critter may be called a hermit crab!

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# PETS

By: Mykaela Santos



Artwork By: Mykaela Santos

Have you ever had a pet? Well, according to the APPA (American Pet Production Association,) in 2017-2018, 68% of Americans owned pets! That's 85 MILLION families!!! I know, that's a lot right?! And according to the same source, the Top 5 Most Owned Pets in the United States were (1) Freshwater Fish with 139.3 million, (2) Cats with 94.2 million, (3) Dogs with 89.7 million, (4) Birds with 20.3 million, and (5) Saltwater Fish with 18.8 million.

People have pets for many different reasons like dogs for example. People have dogs for reasons such as comfort for disabled people or comfort for elderly people. There are even police dogs! They can help policemen solve cases with their incredible sense of smell. Or if you are like me, then you have a dog(s) for companionship.

So as you can see, a high percentage of Americans own pets. But don't let it fool you. Pet's are a big responsibility and they need to be cared for. They require a lot of attention, food, shelter, and love. But if you are willing to give them all of these things, then a precious pet might be what you want!

Continued from Hermit Crabs

You may have seen this little animal and wanted them as a pet. But think first! These animals belong in the wild, and most hermit crabs you find at the beach need salt water to live. Plus, hermit crabs are wild animals and don't belong in captivity. When you see a hermit crab in a store, don't think it is okay to buy one. This magnificent little creature once belonged to the wild and was captured.

Hermit crabs are wild caught and sold into trade. A PETA observer found thousands of hermit crabs crammed into filthy bearing pens unable to get to food or water for weeks at Brelean Corporation, a supplier that sells captive hermit crabs to Petco, PetSmart, and other retailers. When they do finally reach water, it is tap water, which slowly poisons the hermit crabs. The hermit crabs are brought to a room with hand levers, which are used to crack the shells of the hermit crabs. Many hermit crabs are hurt in this process. These hurt hermit crabs are the ones that get thrown away. The hermit crabs who do not get injured are forced to choose a pretty painted shell that poisons them if they nibble on it. After that, the hermit crabs go back to the bearing pens until they are thrown into white bags and shipped off to pet stores and beach souvenir shops.

To learn more about hermit crabs and how they get brought into stores, visit YouTube and search "Where do hermit crabs come from?" Click on the first video and watch. Please do us all a favor and help the wild. NEVER EVER buy a hermit crab!





# summer vacation activities

By: Hailey Botelho



Photo Credit: Mia Furtado

School’s almost out and summer is right around the corner! If you are wondering what to do, this is the perfect article for you!

One fun activity you can do is go to a theme park or amusement park. Some places you might go to are Disney World, Disneyland or even Epcot. You can also go to some exotic places like the Grand Canyon or The Kennedy Space Center. Other popular attractions are amusement parks like Busch Gardens or Canobie Lake Park. You have probably heard of these places before and we highly suggest you visit them all.

You know what is the most popular? Going to the beach or pool! In other words, waterparks. Water activities are the most popular during summer since summer is the hottest season. Usually, we go for water in the summer to cool off. Even though we don’t get as much heat as some states like Florida, you can still go to the nice, cool waterparks and the beach.

Ask yourself: What’s the best thing to do during summer? It’s playing outside! Since it’s the warmer time of year, it’d be the best time to get out and get some exercise during this summer.

It’s also fun to go for ice cream shop to have a cold snack in this hot weather. If you like ice cream, then I recommend places like Cold Stone and Friendly’s. They both have many different flavors of ice cream there. For those who don’t like ice cream, you could always have another one of your favorite summer snacks.

Summer camps can also be really fun in the summer. There are different camps such as Camp Welch, Nature Camp, Kid’s Cafe, and Camp Jack which are all fun camps to go to. Dance camp, Cheer camp, ShowCamp, and Swim Camp are other camps that might interest you. Sports camps are also cool to check out this summer. One thing that is really awesome to do at camp is having a water balloon fights with your friends. Sometimes, some specific camps can accept you playing that in summer.

There are so many activities you can do this summer. Now, you might have some new places you can go to this summer!

# THE MEGA GECKO - FICTIONAL TALE

By: Jaden Barth



The Mega Gecko is the biggest Gecko ever. It’s so big you need 12 eyes to see it. The Mega Gecko is big because it eats lots of cake and Lemurs, known as a Lemur Cake-ivore. It

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# RECESS: STUDENT RESEARCH/OPINION

By: Cameron Poirier



Photo By: Cameron Poirier

Have you ever had to stay inside during recess? Did it seem fair that you had to stay in for recess just because you forgot your homework at home or by sleeping in class?

Who wants to hear what their specialists think of this subject? Well, I know some of you do, so keep reading! First, we will start with Mrs. B. She said “I think students need to spend lots of time outside and playing... However, sometimes students do not follow the school rules/expectations and staying in for recess might be a good consequence that will cause them to change their behavior.” Second, who wants to hear from Mr. Ireland? He announced that he was the P.E. teacher and agreed that it is unfair that teachers get to keep kids in during recess. “Kids need movement time to allow their brains to process the information they just learned,” said Mr. Ireland. Last but not least Mr. Duff, the music teacher, said “It is fair because students sometimes act like they are at recess in my music class. It may not be fair because I believe students should spend more time outside” Well those are some answers from your specialists.

Now let’s talk about recess laws and rules. Current research suggests recess helps the student brain concentrate better in class. This research mentions that states have made laws that young students need at least one recess per week day. In Atlanta there is currently a rule that prohibited teachers from withholding students recess for reasons such as no homework or unfinished homework.

In this article I just told you all you need to know about keeping kids in for recess, hope you found this research interesting!

Continued from MEGA GECKO

only comes out at night and sometimes in the day when it’s really hungry. It has big red eyes and breathes fire. The Mega Gecko has a serious allergy to nuts. I heard the Mega Gecko is taller than the tallest Baobab tree and still growing. I also heard the Mega Gecko ate all the animals in Africa then swam to Madagascar for dessert. I also heard it likes to roast Lemurs on fire and put them between graham crackers and chocolate. He calls these Lemores’. I also heard that the Mega Gecko eats our hearts to absorb our power. Worst of all there are lizard spies working for the Mega Gecko. Every time you have a party you have to destroy all cake. This Mega Gecko is a total birthday party pooper. Watch All Hail King Julien Season 1 Episode 9 to find out more about the MEGA GECKO!

# 6TH Grade expectations

By: Aurora Corbett & Madison Gilbert



Photo Credit: Nicholas Connolly

5th grade, have you ever wondered what’s expected of you as 6th graders? Well, we have asked the principal at the middle school, Mr. Patota. He kindly answered our questions, and we hope the answers will help you find the right path into 6th grade.

**Question:** How can 6th graders show you the acts of responsibility, respect and resilience?  
**Answer:** “There’s many ways you can demonstrate the 3 R’s. First is to respect everybody in the middle school community. Responsibility is coming to school everyday with a positive attitude, and for resilience is never using excuses for something you didn’t do.”  
**Question:** Is there a reward for a student showing the three R’s?  
**Answer:** “There’s a special program we have at the middle school, called The Care Rewards. CARE stand for Children Acting Responsibly Everyday. Each semester groups of students are recognized because they were caught practicing one of the core values, by a staff member.”  
**Question:** What do you expect of 6th graders?  
**Answer:** “ My expectation for 6th graders are for them to understand the core values; Respect, Resilience, and Responsibility and for them to practice them each day.”  
**Question:** There is a YouTube sensation, named Jeffy. This puppet uses an odd voice, and kids try to copy his voice. If a student talked in that voice in front of you what would you do?  
**Answer:** “ That voice will not be tolerated at the middle school.”  
**Question:** In the years of a principal, have you **ever expelled** a student?  
**Answer:** “NO”  
**Question:** Have you ever suspended a student?  
**Answer:** “Yes, for being disrespectful. We take respect very, very seriously.”  
**Question:** We know that this question is out of place, but what is your favorite ice cream flavor?!  
**Answer:** “Chocolate Chip”

We hope 5th graders, feel more comfortable now that they know the expectations of 6th graders. Hopefully this article will lead you guys down the right path to middle school. Soon we will all be on the road to 6th grade. Good luck, 5th graders and as they say in *Star Wars*, “May the force be with you!”

## WORKING FOR THE GRAIS RISING STAR: an interview

By: TJ Mullin

Hello, TJ Mullin reporting from the GRAIS Rising Star. Below I have asked some fellow team members some questions about why they joined the newspaper and some of their thoughts on working on it each month.

**Question 1: What was your purpose for joining the team?**  
**Anthony:** I just wanted a way to express my drawings and comics to the school and show my skills.  
**Nicholas:** Because.  
**Jaden:** I just wanted to be a reporter when I was in third grade.

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Continued from WORKING FOR GRAIS RISING STAR

**Cameron:** I love writing and feel like I have a talent in writing.  
**TJ Mullin (Me):** I personally wanted to work on my picture taking, since I had just got a phone and this would be a good chance to improve it.

**Question 2: Why do you believe you were hired?**  
**Ava R.:** Probably because I might have wrote a good reason.  
**Ayvia:** Last year, it’s because I like to write and Mr. Lestage thought I was a good writer.  
**Mia:** Probably because I thought I would get things in on time.  
**Mykaela:** Because I can take pretty good photos.  
**Joslyn:** I think I was picked because I have experience with taking photos and writing articles.

**Question 3: Do you have any people from your class in the team, and who?**  
Someone who requested to be anonymous: Jaden.  
**Maddy:** Joslyn is in my class.  
**Madison:** Aurora.  
**Autumn:** Delaney.  
**Haley:** Sarah.

**Question 4: If you edited the newspaper, how would you design it?**  
**Aurora:** I would pick a theme for the paper, like one for each month.  
**Delaney:** I would put my face on it.  
**Phoebe:** I would categorize all of the articles.  
**Ava D. :** I would make more pages for the newspaper.  
**Sarah:** I would probably put all of the articles at the beginning, and the other things that aren’t articles in the back, with the best article in the front.

**Question 5: Why did you want students to connect during the two years they stay at GRAIS?**  
**Mr. Lestage:** I felt as though the school was set up as two separate buildings, fourth grade and fifth grade, and I felt that a newspaper would bring the school together where students share similar interests, allowing them to read and write about it together.

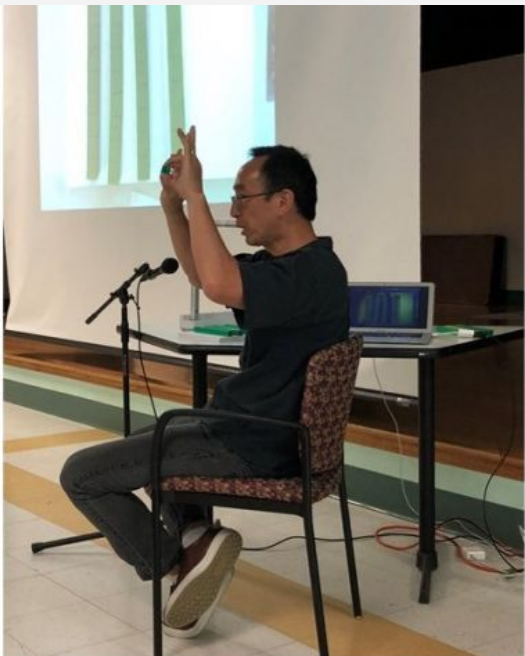
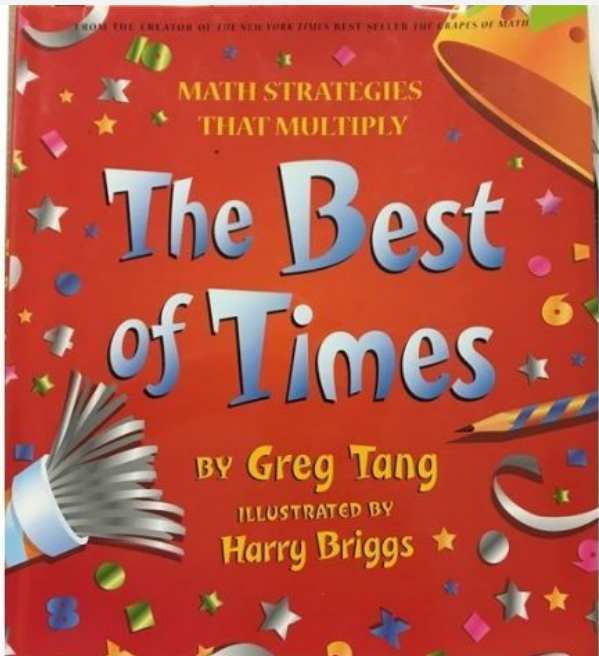
I hope you learned some things about the members of the team from the GRAIS Rising Star. How would you answer some of these questions if you were part of the team? Share your answers with your friends, and maybe consider joining the newspaper next year, whether your in 5th grade or incoming 4th grader!





# GRAIS HaPPenings

Check here each month for updates on some of the important activities, events, and dates for 4th and 5th grade students at GRAIS!



Mr. Tang’s book teaches students simple and fun techniques for multiplying numbers from 0 to 10.



## UP COMING EVENTS

GRADE 4 - Indoor Soccer w/ Mr. Lestage	Monday, June 11th
SURVIVOR DAY!	Tuesday, June 19th (Rain Date - Wednesday, June 20th)
5th Field Trip to Pilgrim Hall Museum-Flanders, Ortloff, Deming, Urban, Loranger, Allen	Wednesday, June 13th
5th Field Trip to Pilgrim Hall Museum- Davis, Carreiro, DeCosta, Silva	Thursday, June 14th
LAST DAY OF SCHOOL! (½ Day for STUDENTS)	Friday, June 22nd





# summer reading information!

## Dear Parents...

The research is clear that children who don't read during the summer can lose up to three months of reading progress, and that loss has a cumulative, long-term effect.\* Reading also provides a wonderful time to bond with your children either by reading together or discussing the stories that they read on their own. Please use the summer as an opportunity to share the love of reading with your child. Summer is a time to rest, relax, and read. We at GRAIS believe that reading is fundamental for each student's success in learning. Encouraging and supporting summer reading is a district-wide initiative to promote life-long learning in our students.

Fun and engaging activities and websites that can go along with their reading are available on the district website at:

<http://www.freelake.org>

Happy summer...

and happy reading!

\*Reading Rockets



## Purposes

- Avoid attrition (summer loss)
- Foster a love of reading for pleasure
- Improve vocabulary
- Increase awareness of the world and all that is in it
- Stimulate imagination and curiosity
- Provide an opportunity for family engagement

## Activity

Incoming students will read two books - one of their choice and one required text. Students will give a book talk during the first days of school on their independent choice.

Students will meet with their GRAIS teachers for a book discussion on their required reading the first weeks of school.

Updated May 2018

Freetown Lakeville  
Regional Schools



## Summer Reading Incoming Grades 4 - 5

Camp out with a  
few good books  
...READ!

George R. Austin  
Intermediate School

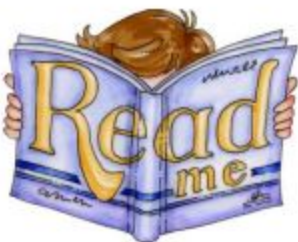
## Information about Book Talks

### What is a book talk?

A book talk is simply an opportunity for students to talk for 2-3 minutes to their friends and classmates about a book they have enjoyed reading. Students share a little about the book (without giving away the ending!) and give reasons why they would recommend this book for their peers to read.

**\*\*It is not required that students purchase copies for summer reading.**

Local booksellers and libraries have been informed of all FLRSD summer requirements so that copies may be available to our students.



### Why do we want students giving book talks?

Though seemingly simple, a book talk is a powerful tool to build enthusiasm around reading. Classroom teachers work hard at building students' excitement about books, yet often the best motivator for reading is a friend or classmate. The book talk also requires students to think carefully about what was most important about the book, including characters, setting, main ideas and details: all important components to good comprehension. Book talks cause students to evaluate what they have read, and why. Evaluating what they read encourages students to value their own opinions about books, and to think more closely about how and why authors write. This kind of reflection fuels thinking about their own writing.



### Guidelines for Independent Book Talk

The book talk should be given on a book that students really enjoyed; one that they would rate a 9 or 10. For suggestions, see information posted at [www.freelake.org](http://www.freelake.org).

Guidelines that students should consider when preparing for a book talk on a book of their choice can be found on the district website at: [www.freelake.org](http://www.freelake.org).

It is important to note that the independent book talk will be graded as a homework assignment.

## Information on Required Reading Choices

Incoming fourth and fifth graders will engage in One Book One Grade. All fourth and fifth grade students and teachers will read the same book (listed below) and participate in discussion and activities when they return to school. In addition, students should select 1 additional book of their choosing to prepare a book talk on and present during the beginning weeks of school.

### 4th Grade Summer Reading Required Text

All 4<sup>th</sup> grade students will read *Tales of a 4th Grade Nothing* by Judy Blume

### 5th Grade Summer Reading Required Text

All 5<sup>th</sup> grade students will read *Wishtree* by Katherine Applegate.



CHECK US OUT ONLINE!  
- [HTTP://graisrisingstar.weebly.com/](http://graisrisingstar.weebly.com/) -  
SEND TIPS/IDEAS TO: [TLESTAGE@FREELAKE.ORG](mailto:TLESTAGE@FREELAKE.ORG)

June					More Info...
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
28 No School	29 Unofficial Start of Summer! Hamburger or Cheeseburger Baked Beans Diced Strawberries Frozen Watermelon Juice	30 Breakfast for Lunch: Waffles with Sausage Hash Brown Diced Strawberries Applesauce	31 LUCKY TRAY DAY!! Mac N' Cheese Steamed Peas Diced Strawberries Applesauce	1 Pepperoni or Cheese Pizza Tossed Salad Diced Strawberries Applesauce	<b>Available Daily:</b> <ul style="list-style-type: none"><li>Turkey &amp; Cheese Sandwich</li><li>Ham &amp; Cheese Sandwich</li><li>Tuna Salad Sandwich</li><li>Toasted bagel w/ Cream Cheese, Yogurt &amp; String Cheese</li><li>Skim, 1%, and Chocolate Milk</li><li>Garden Salad with a Yogurt &amp; String Cheese</li><li>Sunbutter &amp; Jelly Sandwich</li></ul> <b>Have a Safe and Relaxing Summer! We will see you in September!</b>  Remember to fill out a new Free/Reduced application for the 2018-2019 school year!  Celebrate the end of the school year with a chocolate chip cookie on June 19 <sup>th</sup> !  <b>**Lunch Price Change**</b> <b>Starting September 4<sup>th</sup>, 2018 Paid elementary School lunch will be \$2.75</b>
4 Mozzarella Sticks with dipping sauce Sweet Corn Fresh Grapes Diced Peaches	5 Chicken Tenders Dinner Roll Baked Beans Fresh Grapes Diced Peaches	6 Breakfast for Lunch: Pancakes with Sausage Hash Brown Fresh Grapes Diced Peaches	7 Soft Chicken Tacos with Lettuce and Cheese Rice Fresh Grapes Diced Peaches	8 White Pizza Fingers with Dipping Sauce Tossed Salad Fresh Grapes Diced Peaches	
11 Grilled Ham and Cheese Cherry Tomatoes Orange Smiles Diced Pears	12 Pizza Sticks Diced Carrots Orange Smiles Diced Pears	13 Breakfast for Lunch: Bacon Egg and Cheese on a Bagel Hash Brown Orange Smiles Diced Pears	14 LUCKY TRAY DAY!! Popcorn Chicken Dinner Roll Baked Beans Orange Smiles Diced Pears	15 Individual Pan Pizza Tossed Salad Orange Smiles Diced Pears	<b>Meal Prices:</b> Reduced: \$0.40 Paid: \$2.50 <b>Milk: \$0.50</b> Menus are subject to change without notice.
18 Hot Dog on a Bun Baked Beans Baby Carrots Mixed Fruit	19 Pepperoni or Cheese Pizza Tossed Salad Baby Carrots Mixed Fruit Chocolate Chip Cookie	20 Breakfast for Lunch: French Toast Sticks Sausage Hash Brown Baby Carrots Mixed Fruit	21 Chicken Nuggets Breadstick Or Ham & Cheese Sandwich Or Sunbutter & Jelly Baby Carrots	22 ½ Day- No Food Served	
September	4 Popcorn Chicken Dinner Roll Sweet Potato Tots Fresh Apples Diced Peaches	5 Breakfast for Lunch: French Toast Sticks Sausage Hash Brown Fresh Apples Diced Peaches	6 Soft Beef Tacos with Lettuce and Cheese Black Bean Salsa Fresh Apples Diced Peaches	7 Pepperoni or Cheese Pizza Tossed Salad Fresh Apples Diced Peaches	

**Freetown-Lakeville Elementary Schools**

**Coolin' Cafe**

**Special News...**  
Lucky Tray Days:  
May 31<sup>st</sup>- Smencils  
June 14<sup>th</sup> - Smencils

**ARAMARK**



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