



THE INCOMPLETE HISTORY OF LAKEVILLE

By: Cameron Poirier



Photo Credit: Cameron Poirier

Lakeville was settled in the year of 1717 as a part of western Middleborough. Not until May 13th of 1853, did Lakeville become its own town with about 19,000 acres with 4,000 of those acres being covered by water. In 2017, Lakeville's population was at a max of 11,424 which is about half of Middleborough's population.

Starting in the early 1700's, English settlers started moving west, in 1660 hitting Middleborough, and soon moving to Lakeville. Before Lakeville was permanently settled, a Native American, raised by the English Puritans, was murdered. He was supposedly murdered by three fellow natives who were some of King Philip's allies. This Native American was John Sassamon and this murder was on the thick ice of Assawompset Pond, in the middle of January.

Later in time, some English families came along to settle in Lakeville. The families had names such as Southworth, Pickens, and Sampson. This last name may or may not relate to Deborah Sampson from Plympton who was the first woman in war. A fraction of Lakeville's streets are named after these family names.

Surprisingly, in the earlier years of the 19th century, steamships were afloat and powering through Assawompset pond. These two level, classy steamboats were run by the Nemasket Steamboat Authority. At the time, such boats were made for the comfort of the higher classes. Also, later in 1882 one of Lakeville's landmarks was built. The Heritage Hill National Sailors home was built by using stone and a domed roof. This sturdy structure became a hot spot for two authors, Arthur Hamilton Gibbs and Jeanette Phillips Gibbs, who loved to write there. The dome roof was later destroyed, but the castle looking landmark still stands.

In 1907, the Lakeville State Sanatorium was built. Later in 1910, the hospital opened its doors. This

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Continued from The Incomplete History of Lakeville

was the unsatisfying home of many kids and adults with diseases that no one wanted to be around, one of these being Poliomyelitis (paralysis). This hospital was closed in 1992, but the structure still remains haunted and broken.

Thank you for reading this article on the History of Lakeville. Next month there will be a follow up article on the History of Freetown. Feel free to comment on your favorite fact or ask a question that you still have on the History of Lakeville.

THE PERFECT VALENTINE

By: Ronan Ramsay



Callie Crawford knew sweetheart fever had plagued the California International Intermediate School. She also knew very well that she had to find a valentine, or the face the humiliation! The torture! Callie had learned this just last year. 'Hmm...' muttered Callie, as she surveyed her options. There was Tom, the paste eater, NO WAY. There was Reggie, the jock. Not a romantic bone in his body, SORRY! There was Nikki, A tad too romantic, NAH. There was Dex, but he had a Z- in math, NEXT!

It seemed all was lost, UNTIL....

JAKE! He was cute, cool, and POPULAR! If only Callie could find a way into this man's HEART.

'Hiiiiii Jake...' said all the other girls as Jake strutted down the corridor. "Hey" said Jake. 'EEEEEE!' Screamed all the girls. A "hey" from **JAKE** was considered a right of passage at CIIS. A DATE with Jake was considered as you might as well be Taylor Swift!

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Continued from The Perfect Valentine

'Hi?' squeaked Callie, when Jake got to her locker. 'Hm?' said Jake. *OMG! OMG! OMG!* thought Callie! 'Hm?' meant that JAKE WANTED to hear what Callie had to say!

SAY SOMETHING! SAY SOMETHING! thought Callie frantically.

'I have to go to the *bathroom?*' Callie said. *STUPIDHEAD! Now look what you did!* Jake will never like you NOW! Callie thought angrily. 'Oooook?' Muttered Jake uncomfortably.

ARRRRRRRGGGGGHHHH!!! Callie thought as she gritted her teeth and slunk behind the girls bathroom door. *Sniff...Wahhhh!* "I'll NEVER get the chance to talk to Jake NOW!"

'Callie? You in there?' asked a slightly muffled voice from behind the bathroom door. It was Jackie, Callie's best friend since Kindergarten. 'Jackie, I'm sorry, but we can't talk," Callie said.

'There are plenty of guys in your life, like AHEM, *MOUI?*' said Jackie. Callie rolled her eyes with a goofy expression on her face, 'OF COURSE you are a guy, and obviously we are friends,' Callie said smoothly. After a bit of convincing, Jackie FINALLY convinced Callie to come out of the bathroom. 'So how has the Valentine quest been coming along Cal?' asked a curious Jackie. 'Eh, still no luck, but I'm sure I will be able to do it by Valentines Day," replied Callie.

He seems interested in me, Callie thought with a sigh as she turned down a corridor that led to C204, Callies third period classroom. Meanwhile Jackie went down the opposite corridor to his classroom. *HOW am I going to break it to him gently that I'm not into him?*, Callie pondered through history all the way through Classic Literature.

Come to think of it on the flip side, Callie realized how nice he was to her. She remembered the time she was being tortured by an awful group of nasty 7th graders in the courtyard that the Middle and Intermediate School shared and it was none other than JACKIE who bailed her out. Jackie also comforted her about her fail to talk to the guy that she actually liked.

Callie felt a strange feeling, but she now knew who her perfect valentine was.



FOUR ACTS OF KINDNESS

by: Chauron Rachel



Photo Credit: Chauron Rachel

Valentine’s Day is a holiday for hearts, cupid’s, and friendly acts! To top if off, Valentine’s Day leads to a whole 9-day week off of school! You can go to Disneyland or Great Wolf Lodge in that time! I’m going to give four great things to do!

- **PlayDates!!!** - Weekend

Going to Disneyland or having a playdate at your friend’s house is something exciting! You get to visit your friend from school and play with them, and visit! Chatting in person is better than FaceTiming, because you can Look around and chat with others without them passing the iPhone/iPad to another person! Playing with your friend in their/your house is a great way to be nice! You should do this on Vacation.

- **Gifts!** - For your BF/BF’s!

It can be a gift or a card. Yes, a card is what I call a gift, but it may not be to *you*. Gifts are a way to surprise your friend with something they may like! A card is better than gifts! Cards are a little personal message that explains the nice things the person has done along the way! If you put text and a drawing, that’s even better!

- **Hanging Out** - Weekend!

Going to lunch to have fun with your friends is super nice! A great place to go is to Dave & Busters. Hanging out and playing at various places is a nice idea to play some games or do activities! Some ideas are like *Launch* to bounce off walls, and also *Dave & Busters* for gaming!

- **Chores** - All the Time.

Chores are a great way to help out in your house and make your parents do less work and not get stressed! If you decide to do chores, then you can probably get rewards from your parents! But, you should do chores all the time.

Those are the four ways to be nice on Valentine’s Day/Week. Try them out and let me know how it went!

Braces: Are THEY SO BAD?

By: Mia Furtado



Artwork By: Mia Furtado

To some kids, braces are one of their fears. But why do they fear them? Maybe because they think they might break. But the question is, are they really that bad?

If you are getting braces, there can be many thoughts on your mind. One thought could be: “What will people think of me?” The truth is, nobody will find a difference! They’ll probably just acknowledge that you have them and treat you the same like before. It won’t be any different from any other time.

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One question that is probably most asked would be: “Do they hurt?” The real truth is that only the first 2-4 days tend to be the worst. Mostly, they feel like there’s almost nothing there.

Another thought might be: “What if they break?” This is only a minor problem. Just tell your parents and they can bring you back to the orthodontist and get them fixed. They might feel uncomfortable before they get fixed, but they will get fixed!

In the end, they really aren’t as terrible as you may think they are. There is no need to worry about anything! In the end, you’ll have a great smile and it will all be worth it!

valentine’s day CRAFTS

By: Olivia Mank



Photo Credit: Olivia Mank

How to Make Valentine’s Day Slime

Pour ½ cups of heart confetti glitter glue into a bowl
Add ½ tablespoon of baking soda and stir completely into the glue
Add ¼ tablespoons of contact lens solution
Mix with a spoon until slime starts to harden
Knead with your hands
Have fun!

Friendship Bracelets

You will need six strands of 2 color embroidery floss and a clipboard
Knot one end and clamp it on the clipboard
Twist each color separately, then twist the two together at the end for fastening

Paper Stuffed Hearts

Download and print heart template
Cut out 2 squares of parchment and one of tissue paper
Make tissue paper slightly larger than template pin to prevent slipping
Trace heart onto top sheet with a pencil
Using convasting thread machine stitch ⅜ inch in heart outline leaving a 3 inch gap
Trim excess paper leaving a ⅜ inch border
Add candies
Stitch close shut

Valentines Day Strawberry

Start cutting out a large red heart
3 smaller green hearts
A few white tiny hearts
Glue all the hearts together
Add a stem
Hope you try these try and enjoy these crafts, and Happy Valentine’s!

organizing HACKS

By: Ava Richmond



Photo Credit: Ava Richmond

Have you ever come home to start digging through your messy backpack trying to find your homework? Papers are flying everywhere, and you finally find your homework. You dash over to get a pencil. Where are the pencils? You run back to your backpack to find a pencil. Ten minutes later you're ready to start. Want to avoid the giant mess and just be able to come home and relax? Let's find out how.

You can start by making a to-do organizer made out of a cookie sheet and magnets. First, take the cookie sheet and paint/spray paint it (optional). Write "To Do" on the top half of the cookie sheet and "Done" on the bottom half. Next, take some magnets and write/print things you need to do on them (e.g. homework, set the table, read). If you printed off papers, cut the paper into the size of your magnets and glue the paper onto the magnet. Finally, you can place the magnets under the "To Do" section of your cookie sheet. When you finish one of the tasks, you can move the magnet down to the "Done" section of the cookie sheet.

Do you still need help finding your missing pencils? If so, this is how to make an organizer for pencils and other small items. First, you will need three small plastic baskets and two plastic coat hangers. First, you take the two plastic coat hangers and one of the plastic baskets. While making sure the hooks are facing down, glue the plastic coat hangers' bottom sides to the top sides of the plastic basket. Then place the second plastic basket under the first one and glue the bottoms of the coat hangers to the top sides of that plastic basket. Repeat these steps for the third basket, which will be placed under the second plastic basket. All of the plastic baskets should be next to each other with the hook part of the coat hangers on the bottom. When the two coat hangers' hook part is resting on a flat surface, the baskets will be displayed on a slant. The top basket will be at the highest point, the second basket will be lower than the top basket, but higher than the bottom basket, and so on. Finally, put pencils in one, papers clips in another, and maybe glue sticks or tape in the third basket. These are simply suggestions for you.

You may need help keeping your papers organized. Find/buy two or four pocket folders. If you have two pocket folders, you can make one math/science and the other social studies/ELA. If you have four pocket folders, you can make one ELA, one math, one social studies, and one science. You can put the folders into a three ring binder and put your agenda into the binder (a half-inch binder should do).

Once you have everything organized, try to keep it that way. When you feel too lazy to pick it up, remember that it will just take a moment or two to put it in its proper place. Be sure to do this before you can't even find the floor to your room! I hope these organization tips/hacks help you find faster ways to stay organized. You will be able to spend your free time doing what you want to do and not cleaning your room because your parents keep asking you to do it. If you are able to stay organized, you will feel better about yourself and have a less stressful day!

DISNEY WORLD

By: Madison Bowlby

I get so excited when I hear the word Disney! When traveling to Disney World the first park I want to run to is HollyWood Studios. HollyWood Studios is my favorite park because there is a ride called *AeroSmith*. The ride *AeroSmith* gets my heart pumping going 57 mph. The ride only lasts one minute and twenty two seconds! You definitely will want a fast pass for this one! What is your favorite park at Disney World?

There are many fun facts about Disney. The first ride ever made in Disney World was made October 1, 1971. The ride is called *Jungle Cruise* and it is a part of Magic Kingdom.

Continued from DISNEY



Disney World was opened 40 years ago. Walt Disney died in 1966, several years before the park even opened. Disney World makes 6.2 million dollars per day! That sounds crazy right? The average person has to save for a whole year to take their family to this magical place. Have you ever been to Disney? If not, would you want to go? Maybe over vacation you and your family will have a chance to visit the most magical place on Earth!

GETTING TO KNOW Mr. Ireland

By: Alexis Read, Emma Cusson, and Kaitie Abreau



Photo Credit: Alexis Read, Emma Cusson, and Kaitie Abreau

Have you ever wondered about Mr. Ireland and what he's really likes?

We were lucky enough to have a chance to sit and ask him some questions and we have some interesting information to share with you about him:

- **Where were you born?** Paisley, Scotland
- **When did you come to the USA?** October of 2000.
- **Siblings?** One brother that still lives in Scotland.
- **Favorite food?** Pizza.
- **Favorite color?** Dark blue.
- **Favorite hobby?** Running and biking.
- **Favorite TV show?** The sports channel.
- **Favorite movie?** Any movie with superheroes in it.
- **Favorite season?** Spring.
- **Favorite sport?** Triathlon (A triathlon is a multisport race that includes swimming, cycling and racing.)
- **Favorite sports team?** St. Mirren Football Club (this is a professional Scottish football club. In Scotland, soccer is called football.)
- **How long has he been teaching for?** 16 years.
- **What he likes to do with his spare time?** Work out.
- **Favorite student?** Any one who listens and tries hard.

Mr. Ireland coaches the Apponequet High School girls soccer team. He enjoys teaching 75% of the time. We hope that you enjoyed learning about Mr. Ireland because we enjoyed getting to know him too!

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APPONEQUET JUNIOR FOOTBALL Pee Wees Are SUPER BOWL CHAMPS!

By: Hailey Botelho



Photo Credit: Hailey Botelho

And the winning team is....

They had a good run and the Apponequet Warriors did indeed win the superbowl. “We had 32 great football players on our team that truly embraced the team concept,” said Warriors head coach Rich Medeiros, “and that’s what I am most proud of, it was a great season.” “They worked very hard in practice to win and it paid off.” This was the first Apponequet Peewees Superbowl.

The Apponequet Junior Football team took the win and finished the season with the score of 26-16. This was over Hanson in the Old Colony Football League Super Bowl. This was held on Sunday over at the Dennis-Yarmouth High School.

Everyone on the team had an important role. I hope they all enjoyed the victory and most importantly I hope they had fun as well. The varsity went almost undefeated.

Head Coach - Rich Medeiros

Coaches - Jason Chisholm, John Donovan, Josh Dupras, Vito Rubini, and John Travaline

Team Parent- Lori Simoes

Staff- Tim Long, Stasia Finney, Lisa Lundrigan, Jodi Combs, Charron Long, Paul Joly

Team players - Sean Lundrigan, Avery Roelofson, Brady Olsen, Ryan Ponto, Matt Pittsl QB, Aaron Procaccini, Quinn Chisholm, Andrew Long, Elijah Barlow, Even Bupras, Abby Pitts, Daniel Barlow, Brody Jolly, Alex Branco, Aiden Mcneil, Jeremiah Lawson, Colin Donovan, Lucas Trembley, Ryan O’Conner, Cole Ciesielski, Jack Travaline, Ben Barriga, Nick Barriga, Trevor Norton, Braden Baril, Jake Medeiros, Josh Herron, Jackson Moore, Luke Combs, Zach Menendez, Max Finney, and Luca Rubini.

It was a big moment as they had the chance to honor Miguel Menendez of the Air National Guard as an Honorary Captain for the 5-1 Peewee team. As he joined the team for the pre-game huddle, the players all thanked him for his service to the US, as he led the team onto the field holding the American flag with his son Zachary Menendez.



The goal of the AJFC is to promote the tasks of responsibility, hard work, sportsmanship, teamwork and fellowship within a safe and positive environment. The growth of the community is shone through the spirit of competition, discipline and fair play. AJFC is committed to providing a structured program that maintains the highest standards and guarantees a fun, positive experience for everyone on the team of the staff that's involved with this group.

WINSLOW Farm

By: Sarah Doherty

“Look, mom! It’s a peacock!” is one of the things you might hear if you go to Winslow Farm Animal Sanctuary in Norton, Massachusetts. The animals there are so amazing that I never want to leave!

Winslow Farm Animal Sanctuary started in 1996 and opened its doors to the public in 1997. Winslow Farm is for all the animals out there that do not have homes or were abused by their owners. Some were even thrown over the fence there! Talk about cruel! The president and founder of Winslow Farm Animal Sanctuary has rescued many animals and brought them home with her to give them a better life.

Winslow Farm Animal Sanctuary has over 200 animals that they take care of and love. Some of these animals are goats, horses, peacocks, pigs, donkeys, emus, rabbits, dogs, cats and many, many more! You can go there for different events like the annual Easter Egg Hunt or sheep shearing in the spring. These activities are always favorites among my family.

A few ways to help this non profit animal sanctuary are just going there to visit and donating supplies or money. When I went there near Easter to do the egg hunt with my mom, we were near a shack and out of a corner came an orange tabby. He came up and nuzzled me then followed me around. Later I learned his name was Edwin! He was the sweetest cat I had ever met!

If you want to learn more about this hidden gem, go to www.winslowfarm.com or just go to Winslow in Norton, Massachusetts. I promise you that if you go to this beautiful farm you will not be disappointed!



Photo By: Sarah Doherty

This is a pig named Willow Mia that was rescued and lived at the farm for many years before she passed away. There is even a book written about her!

Ha! JOKES

By: Leah McGee

Knock, Knock
Who’s there?
Lena
Lena Who? Lena a little closer, and I’ll tell you another joke!

Knock, Knock
Who’s there?
Nun
Nun who?
Nun of your business!

Knock, Knock
Who’s there?
I am
I am who?
Don’t you even know who you are!?



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xavier's wish: Part one

An Original Story By: Patrick Erwin

Xavier Robinson had always thought girls would always choose him whenever a dance came up. But apparently he was wrong. No girls begged him to be their date to the Valentines Day dance. He decided to take drastic measures and ask a girl out *himself*. No results. Almost all the girls were taken, all of which he liked, except one. As soon as History class (which was the only class they were both in) was over, he walked straight toward her, practicing his jokes and punchlines in his mind.

Xavier was almost there when Jackson Taylor, as handsome and suave as they come, practically dove for the same girl *he* was going to ask out, and immediately asked her to the dance. Xavier wasn't surprised she said yes. That was all Jack needed to hear. For the rest of the day he had a big happy grin glued to his face.

Xavier was inches away from madness. That night he spent dinner not eating, instead thinking of who to ask for the dance. "Dad," he asked, "did you ever run out of options for a date to a dance?" "No," Xavier's father said, effortlessly. Xavier's mother elbowed him, and grunted, tilting her head towards Xavier. "Oh, of course! Almost all the time!" said Xavier's dad with haste. "What did you do?" asked his curious son. "I never gave up," Xavier's father replied.

The next day Xavier walked alone, feeling depressed. He took a shortcut through the cemetery, wanting to get home as quickly as he could. *It was getting darker by the minute.* Tonight was the night of the school dance. *The sun lowered itself even more.* By the time Xavier was nearly on top of the exit to the cemetery, he bellowed: " I WISH SOMEONE WOULD GO TO THE DANCE WITH MEEEEEE!"

At the exact time he said those words, the sun disappeared behind the horizon. Not too long after that he felt a rumbling in the ground. It wasn't nearly strong enough to be the rumble of an earthquake. It wasn't natural, the rumbling. It sounded like digging. At last, dirt started to fly from the ground. The first thing Xavier saw besides dirt was a gnarly, shriveled up, rotted hand. That hand connected to an arm, then a shoulder, and then the back of a head, which all shared the same gruesome features the hand possessed. The head swung back to face Xavier, who was already trembling from head to toe. But the face. *The face.* Xavier couldn't bear looking at it. Eyes the size of baseballs bulged out of the head. Snot was dripping from the - the *thing's* nose. Its teeth seemed to be missing. All that was inside its mouth were flecks of dirt. What shocked Xavier the most was that the creature *smiled*.

"Hello Xavier," the human-like figure rasped. It was scary enough to see the zombie's horrifying looks, but for it to actually talk to him and even know his *name*? Xavier was starting to wonder how fast this thing can run. "Xavier, please, stop wasting your time thinking how to outrun me. You would be surprised how fast I can run, you know," the zombie announced. "*How do you know my name, and how can you read my thoughts?*" Xavier demanded. "Oh, I know a lot of things Xavier. For instance, I know you wished for a date to the dance. So here I am. Olivia Ollivander, at your service," the zombie said. When Xavier didn't acknowledge her, she frowned. Olivia climbed out of the ditch and scowled at him. " I didn't wish for a *zombie*," Xavier said, still nervous. Almost immediately, Olivia screamed, "HOW DARE YOU INSULT ME!" She lunged for the boy's leg, with a murderous look on her face. "*What are you doing?*"Xavier yelled, trying to shake the skinny girl of of his leg. But he fell, and landed on the icy ground. Xavier's head hit the ground with a hard *thump*, and everything went into darkness....

Xavier's eyes fluttered open, hoping it was all a bad dream, but instead of his bedroom, he awoke to a hot, fiery, cave that looked as if it were underground. But this was no ordinary cave. The smaller caves strangely resembled small houses, and there were beds visible from where Xavier was. He looked up to find Olivia Ollivander standing above him, looking down on him. But she was no longer a zombie. She was transparent, no longer hideous. She looked almost normal but two, small horns had sprouted from her head. "Welcome, mere mortal, to my home. Satan would be thrilled to meet you." Suddenly it dawned on Xavier that he was not in some oversized cave. *He was in the underworld...*

See *Xaviers Wish: Part Two*
in the April Issue of the *GRAIS Rising Star!*

THE INDOOR RECESS Game?

By: Ayla Benner



Photo Credit:

We love recess, right? But it's getting super cold out so we have to play indoors. Kids like to run around and throw things, but we can't. So what can we do? We now have to be creative and find new safe games to play inside!

First, an indoor game that some people might like is mum-ball. You stand at your desk and toss a ball around, however, there's a catch. You have to be quiet! Another game to play with are board games. Don't worry, they haven't bored anyone before! There's Checkers, Battleship, Jenga and others. Just be sure to clean them up after you're done. Games other than board games were suggested by two people. Taylor McGinn says some kids like to do dance competitions (while being safe like don't do flips or something like that). Fiona Boren says *Statues* is fun and a funny game. This game is when you don't move when somebody is looking and moving while they're not. Card games are nice too; like War, Slap Jack, Trash and others! Some kids might call this nerdy but you can read a book too! There are lots of safe games to play!

WARNING WARNING! DON'T DO THIS AT INDOOR RECESS! Mum-ball in Mrs. DeCosta's class took it to the next level. We played boys vs. girls (btw girls WON!) A lot of pain was inquired; kids got balls whipped at their heads. People were slapped and scratched in the faces. We have to remember to be safe and respectful and play the game the right way. Some other games you shouldn't play inside is tag. We all know tag and what it is so don't do it indoors. You also shouldn't play JackPot inside. That game is brutal to play indoors. That is when a person throws a ball and the others who are all in a clump try to catch it. When a person catches it they throw the ball and etc. Sometimes kids will pass a ball around. Do you think it's harmless? Outside it is, but the classroom have sprinklers and if you hit one you're in deep trouble. You could even hit the ceiling or maybe a kid by accident. Remember there is desks and chairs in our classrooms.

I asked three teachers what they thought of indoor recess games and they said lots of things. Mrs. Best said Magna-Tiles are a fun indoor game, as well as Hangman, LEGOS, and Pica-Fermi-Nada. Mrs. Gracia said she likes dice game, Trouble, Sorry, Sliders, and puzzles are nice too! Mrs. Snyder said hide and seek, and Fortnite dances.

We need to be respectful and safe. Try doing the games I suggested and the teachers indoor games. Please don't do outdoor games inside, even at your house. Outdoor games are for outside and indoor games are inside. If you follow the rules then you'll have fun. Respect your teachers if they say no to a game. Soon spring will arrive, followed by summer so we can play outside once again!

FRIENDS AND SLEEPOVERS 101:

By: Alana Gurney and Ava DiGiammo

For all those girls out there, are you ever bored on a sleepover? Well if you are, you are reading the right article. We are going to tell you a lot of places to go and things to do on a sleepover.

One fun place to go on a sleepover is to get your nails done. If you get your nails done, it wouldn't be right to not go to the mall after and go shopping! After all that shopping I am pretty sure that you will be hungry! Since you deserve it, go get a bite to eat! If you are feeling to get a breath of fresh air then you should go on a nice outside walk. You could even take a nice walk to the park and have some fun there with friends.

If you just want a nice relaxing day with your bestie you could take a trip to the spa. You could get some face masks and massages, and be all set to go! If you want the total opposite of a relaxing day, you could head right over to a jumping park. You will have a blast there! If you want a day with competition, then go right over to the arcade. There are plenty of games that you could play there! If you just want a chill and easy day with your bestie you could go see a scary, funny, sad or a dramatic movie.

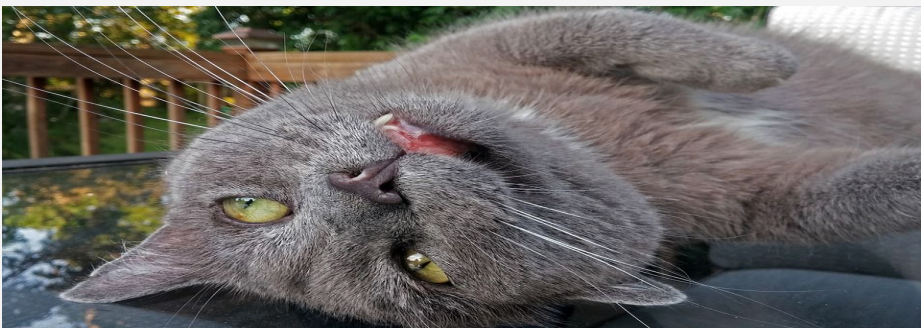
When you are having a sleepover, you need to have things to do so that you don't get bored. One fun thing to do when you are having a sleepover is doing some DIY's. If you don't know what DIY stands for it stands for, it means "do it yourself." One fun DIY is to make your own makeup. An option for one to do is to make a concealer by mixing a foundation that is darker than your natural skin color and a lotion.

Another fun thing that you can do at a sleepover is doing some sort of challenge. A few challenges that you could try are the eat it or wear it challenge, blindfolded makeup challenge, and the mystery milkshake challenge.

Lastly, another thing that you could do at a sleepover is if you are able to redo or redecorate. You could make some DIY decor like artwork. You could also spray paint decor that is already inside your room. Those were some ideas of fun things that you could do at a sleepover. I hope this helped you have a fun time at your sleepover!

WHAT TO DO FOR FEBRUARY BREAK

By: Claire Lucey



Are you always bored and end up sitting on the couch your whole break? Here are some ways to not regret it.

First, try to invite some friends over! If they can't come, try some other ways to not be bored like (if you like sports) watching football or catching up on your favorite TV series. You could also go shopping with your Christmas cash. You could also try organizing your room just in case family comes over. How about try cooking or reading for the 5th grade Reading Challenge? Some kids like doing puzzles or games.

If your friend is going somewhere warm, don't be jealous! Try laying down on a beach towel while watching a summer movie. If you're artistic, you could do some crafts like paper snowflakes. You also can try practicing for your next sports game (outside, look for more outdoor games in Ayla Benner's article). If that's not enough, how about watching some movies or playing on your elecontrics? Finally, if that doesn't work, you could always goto the movies with your friend or try a trip to the park. Based on this list, it looks like you are not going to be sitting on the couch anymore!

Ha! JOKES (CONTINUED FROM PAGE 6)



Knock, Knock
Who's there?
Billy Bob Joe Penny
Billy Bob Joe Penny who?
Really? How many Billy Bob Joe Pennies do you know?

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Knock, Knock Who's there? Hike Hike who? I didn't know you liked Japanese poetry!	Knock, Knock Who's there? Cabbage Cabbage who? You expect a cabbage to have a last name?
Knock, Knock Who's there? Owls say Owls say who? Yes, they do.	Knock, Knock Who's there? Beats Beats who? Beats me.
Knock, Knock Who's there? Europe Europe who? No, you're a pool!	Knock, Knock Who's there? Double Double who? W!

Q&A WITH Dr. SULLIVAN



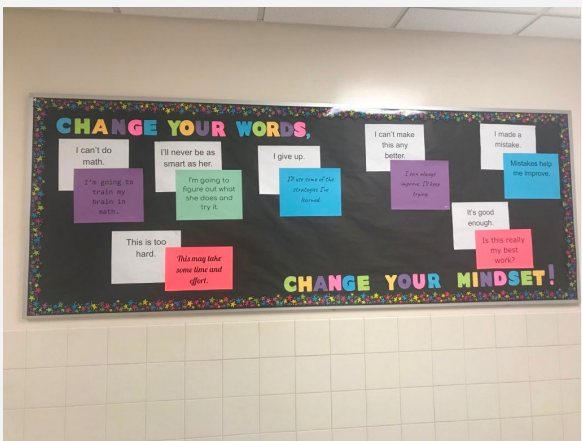
By: Joslyn Mota

- 1.Q: Why did you want to become a principal?**
A: "I worked for Mr. Patota and saw him as a role model."
- 2.Q: How long have you been a principal?**
A: "I have been a principal for 3 years and 3 years as an Assistant Principal at FLMS." [Freetown-Lakeville Middle School]
- 3.Q: What made you want to become a principal at GRAIS?**
A: "I was interested in working with this age group."
- 4.Q: How would you rate the school behavior on a scale of 1-10**
A: "3"
- 5.Q: How would you describe your leadership style?**
A: "I lead by example."
- 6.Q: How would you rate yourself as a disciplinarian ?**
A: "I am fair and compassionate when students make poor choices."
- 7.Q: How do you empower teachers to be leaders?**
A: "I allow teachers a lot of flexibility in their classroom operations."
- 8.Q: How do you help teachers improve their instruction methods?**
A: "We have lots of professional development opportunities."
- 9.Q: How would you advise new teachers on the job?**
A: "Listen to your mentor teachers advice."
- 10.Q: What would you do if a group of students launched a complaint against a teacher?**
A: " Listen, investigate and then mediate with them and the teacher."

Hopefully you learned a thing or two about Dr. Sullivan, because I sure did!

GRAIS HaPPenings

Check here each month for updates on some of the important activities, events, and dates for 4th and 5th grade students at GRAIS!



UP COMING EVENTS

Early Dismissal For Students at 11:00 A.M.	Monday, February 4, 2019 @ 11:00 AM
Tuesday Instrument Lessons w/ Mr. Duff	Tuesday, February 5, 2019 @ 2:30 PM to 3:30 PM
5th Grade Community Rec Handball with Mr. Lestage	Wednesday, February 6, 2019 @ 2:15 PM to 3:30 PM
4th Grade Community Rec Handball with Mr. Lestage	Monday, February 11, 2019 @ 2:15 PM to 3:30 PM
Tuesday Instrument Lessons w/ Mr. Duff	Tuesday, February 12, 2019 @ 2:30 PM to 3:30 PM
FEBRUARY VACATION!	Monday, February 18, 2019 to Friday, Feb 22, 2019
Tuesday Instrument Lessons w/ Mr. Duff	Tuesday, February 26, 2019 @ 2:30 PM to 3:30 PM
4th Grade Community Rec Dodgeball with Mr. Lestage	Monday, March 4th, 2019 @ 2:15 PM to 3:30 PM
Newspaper Club with Mr. Lestage	Tuesday, March 5, 2019 @ 2:15 PM to 4:00 PM
5th Grade Community Rec Dodgeball with Mr. Lestage	Wednesday, March 6th, 2019 @ 2:15 PM to 3:30 PM
Early Dismissal For Students at 11:00 A.M.	Thursday, March 7th, 2019 @ 11:00 AM
Spring and Class Pictures	Monday, March 11th, 2019 (ALL DAY BY CLASS)

Freetown Lakeville Campus Programs Department

2019 GRAIS Dodgeball Program with Mr. Lestage – Fee: \$50 (Only 30 participants allowed in each grade)



Total Fee: \$50 (\$5 non-refundable registration fee + \$45 program fee = \$50)
Time: 2:15 p.m. – 3:30 p.m. with Program Leader Mr. Lestage
Dismissal Location: Meeting in cafeteria at dismissal time
Pick up time and location: 3:30 outside GRAIS main entrance

MONDAYS - Grade 4 (boys and girls GRAIS students) – Limit of 30 students
Dates: Mondays – 3/4, 3/11, 3/18, 3/25, and 4/8 (no dodgeball on 4/1 due to half day)

WEDNESDAYS - Grade 5 (boys and girls GRAIS students) – Limit of 30 students
Dates: Wednesdays – 3/6, 3/13, 3/20, 3/27, and 4/10 (no dodgeball on 4/3 - Mr. Lestage has a meeting)

(First 30 registration forms received along with payment for each grade will be able to participate in program).

The Campus Programs Department will be sponsoring a GRAIS dodgeball program under the direction of Mr. Lestage.

Any questions, call Diane Czapiga, Campus Programs Director, at (508) 923-2000, Ext. 1719 or e-mail: dczapiga@freelake.org.
Visit our website at www.freelake.org, click on Campus Programs Tab for upcoming programs

Online payment link: <https://unipaygold.unibank.com/Default.aspx?customerid=940> (under Comm Rec Campus Programs)



CHECK US OUT ONLINE!
- [HTTP://Graisingstar.weebly.com/](http://Graisingstar.weebly.com/) -
SEND TIPS/IDEAS TO: TLESTAGE@FREELAKE.ORG

Gluten Free
February 2019

28 Hamburger on a bun Fresh Apples Diced Peaches	29 Corn Dog Fresh Apples Diced Peaches	30 Chicken Nuggets Fresh Apples Diced Peaches	31 Lucky Tray Day Mac And Cheese Tossed Salad Fresh Apples Diced Peaches	1 Cheese Pizza Fresh Apples Diced Peaches
4 ½ Day No Food Served	5 Corn Dog Baby Carrots Diced Pears	6 Chicken Nuggets Potato Tots Baby Carrots Diced Pears	7 Mac and Cheese Steamed Corn Baby Carrots Diced Pears	8 Cheese Pizza Tossed Salad Baby Carrots Diced Pears
11 Hamburger on a bun Cherry Tomatoes Blueberry Parfait Orange Smiles	12 Corn Dog Blueberry Parfait Orange Smiles	13 Chicken Nuggets Blueberry Parfait Orange Smiles	14 Mac and Cheese Blueberry Parfait Orange Smiles	15 Lucky Tray Day Cheese Pizza Roasted Broccoli Blueberry Parfait Orange Smiles
18 No School	19 No School	20 No School	21 No School	22 No School
25 Hamburger on a bun Mixed Fruit Applesauce	26 Corn Dog Diced Carrots Mixed Fruit Applesauce	27 Chicken Nuggets Mixed Fruit Applesauce	28 Mac And Cheese Mixed Fruit Applesauce	1 Cheese Pizza Tossed Salad Mixed Fruit Applesauce

Available Daily:
Garden Salad with Yogurt and String cheese, Garden Salad with Tuna, Cereal with yogurt, and sting cheese
Questions: Andrea Fay, Foodservice Director, Afay@Freelake.org, 508-947-2690 Extension 1146
If your Child will be having a gluten free lunch please contact your school nurse and the foodservice Director. A Doctor's note is required for us to provide this lunch.

More info...
Remember to fill out a 2018-2019 Free and Reduced Meal Application. New applications must be completed annually
Lunch Prices: \$2.75 Paid, \$0.40 Reduced
Lucky Tray Days:
January 31st Smencils, February 15th Bubbles



THE GRAIS RISING Star



"Created by students, for students."



TEACHERS, SPECIALISTS, PTO, ETC.

If you have an event or anything important you'd like to add to the paper each month, please contact us and we will gladly include it in future issues!

CHECK US OUT ONLINE!
- [HTTP://Graisingstar.weebly.com/](http://Graisingstar.weebly.com/) -
SEND TIPS/IDEAS TO: TLESTAGE@FREELAKE.ORG



YOU ARE THE WINNER!
BRING THIS TO MR. LESTAGE!

"LOVE IS IN THE AIR"



CASH SPIN WINNER!

